★ 2018 August Mount Shasta Inner Divinity Retreat ★ Friday, August 10 - Sunday, August 12

Paving The Road to Freedom:

Responding to Life Joyously to Live Your Destiny Now

+ Plus +

Our Pre-Retreat TeleSeminar Special Wednesday, August 1 / 6 PM - 8 PM (PDT)

Your Life isn't a Verdict:

Dismissing the Judge, the Jury & the Judgement Pictures

&

Our Post-Retreat TeleSeminar Special Thursday, August 16 / 6 PM - 8 PM (PDT)

Living Happily Ever-After:

Just Drop Your Conditions for Happiness (No Prince or Princess Charming Needed!)

> ++ Plus Plus ++ [Optional]

An Open House Gift Day to Relax, Converse & Integrate with Michael & Raphaelle Monday, August 13 / 1 PM until Late

Dear Friends and Awakening Souls,

As volcanoes erupt all over the world, I look out my window. Above the thicket of evergreens, I catch a glimpse of our sleeping goddess, Mount Shasta, her andesite-streaked snow-white hair framed by summer's Egyptian-Blue sky. She's been dormant for just over two centuries, her last eruption recorded in 1786. It is said that she's been waking up, at times violently, every 600 years or so over the past several millennia. Called "The Jewel of the Cascades", Mount Shasta is the second highest peak in the Cascade Range and the fifth highest in California. She's also the most voluminous stratovolcano of the Cascades.

Although many people view active volcanoes as "angry" due to the destruction their eruptions bring to human lives and properties, volcanoes are more accurately harbingers of great

transformation. Like spring cleaning of apocalyptic proportions, some of the historic explosive eruptions and pyroclastic lava flows have decimated entire regions. Yet, like the phoenix rising out of its own ashes, life establishes itself upon the new foundation.

Mount Shasta is also considered to be a sacred mountain by many around the world. Here, science, legend, and metaphysics interact. It is said, this is where heaven and earth meet. Whether you are a volcanologist, a geologist, a meteorologist, a botanist, a naturalist, or just interested in the science and natural phenomena of this beautiful mountain, or you are dedicated to the pursuit of truth in relationship to ancient civilizations such as Lemuria and Atlantis, the world beneath the mountain such as Telos, the purpose of our extra-terrestrial brethren that visit here, or the work of the Masters of Wisdom in and around this mountain sanctuary, Mount Shasta welcomes your sincere explorations.

Like other powerful volcanoes, Mount Shasta represents the power of our creative fire. Just as lava, as molten fire, flows across landscapes burning remnants of its past, our kundalini fire ascends up our spinal channels burning away the dross of fear, guilt, grief, anger, and other emotional history in its wake of cleansing our karmic cycles. Both in the world and within our mind, we thus pave our road to freedom with the creative fire of unconditional, impartial, and limitless love. No matter what the conditions we face in the world and in our lives, our destiny of freedom always awaits us now, in eternity. The question that we must ask ourselves regularly as we travel this path is whether we would choose to resist our Divine Destiny or joyously respond to whatever life offers us and fully live our destiny now.



To help guide you along on your spiritual path and your daily process of making this fundamental choice consistently, we decided to make it the theme for our August Mount Shasta Inner Divinity Retreat this year: <u>Paving The Road to Freedom</u>: *Responding to Life*.

Joyously to Live Your Destiny Now. During this extraordinary retreat celebrating your destiny, we'll explore what destiny is, whether our life is driven by fate or free will, what the relationship between your karma, soul plan, purpose, and destiny is, and what they all have to do with your awakening and the attaining of your ultimate freedom.

In the retreat workshops, you'll also experience the difference between reacting and imaginatively creating new responses to challenges you experience in your daily life. You'll learn what neutrality is and why it is essential not only to your spiritual growth and freedom, but also to your overall well-being. You'll work with judgments that obstruct your path to seeing truth clearly and having your freedom. We'll examine what brings about your suffering and how you can experience more joy in your life regardless of the conditions you find in it. Above all, you'll learn simple, but powerful psychic tools to help you apply all the concepts in your own daily life.

We love to offer our retreats here in Mount Shasta because of the powerful, sacred energies present here, but also because of the creative fire power of the volcano herself that helps bring about accelerated and profound transformation. Besides, the beauty of this area makes it a spa day for your eyes and heart. And, speaking of volcanoes, Raphaelle and I will be giving a mini-retreat of a seminar weekend and a dolphin swim/cruise on the Big Island of Hawaii in July (on my birthday weekend), so we'll most likely have stories to tell of our experiences being right where volcanoes are erupting and transforming the island currently. Also, Mauna Kea on the Big Island is considered one of the sister volcanoes to Mount Shasta, the other being Mount Fuji in Japan.

We open the doors at 4:00 on Friday afternoon to the retreat sanctuary, where we hold all of our workshops, for a welcoming, sumptuous buffet and a time to get to meet your fellow retreat participants before the workshops begin at 5:30. Food and drinks are provided throughout the retreat. Although you might like to go a few blocks into town to a restaurant for a full dinner or lunch and a change of pace, many of our participants like to make a meal out of the buffet we provide and have more time to socialize with other participants in the safe learning space we set at the retreat. For both Saturday and Sunday, we open the doors at 7:30 AM so everyone can enjoy a leisurely breakfast buffet before we begin the workshops at 9:00 AM. If you have children or other immediate family members who traveled with you to Mount Shasta and who are not participanting in the retreat, but you would like to have them join you just for the breakfast, they are welcomed to do so at no charge - just ask us about that.

If it's possible for you, we recommend that you consider arriving to Mount Shasta at least a day before the retreat begins and plan to stay at least until the later afternoon of the Monday following the retreat. The early arrival is to help you acclimate to the higher altitude and the different energy of this area as well as to give you a chance to unwind from your travels and enjoy a bit of Mount Shasta. Staying at least most of the Monday after the retreat workshops allows you to have a chance to integrate much more of what you experienced and learned



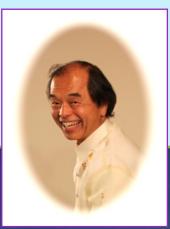
during the retreat before you start traveling and re-entering your regular life. In addition, on Monday, you're welcomed to join us from about 1 PM on at our home for a casual open-house gettogether with other participants who end up staying longer in Mount Shasta. We provide snacks and refreshments and have discussions and story-telling fun all throughout the afternoon and evening. For those still here at dinner time, we usually all go to a restaurant in town to continue our merry-making.

We'll see you here in Mount Shasta!

May the Light of Truth continue to illuminate your every step and the Love of God guide you in your every choice.

With gratitude, love, and laughter,

MíchaeL



Here's a little sneak peek at some topics we'll explore in our August Mount Shasta Inner Divinity Retreat:



- Que Sera, Sera: Fate or Free Will? The Question of Destiny
- ► Karma, Soul Plan, Purpose & Destiny
- ► Your Awakening & Your Freedom
- ► The Path of Freeing Yourself
- ► Your Responsibility
- ► Reactions Vs. Choosing to Respond
- ► Neutrality & Love
- ► Having Amusement & Compassion
- > Your Imagination, Creativity & Responding to Life Challenges
- ► Your Choice: Suffer or Be Joyful?
- ► Validation of Spirit
- Joyously Celebrating Your Destiny

Paving The Road to Freedom:

Responding to Life Joyously to Live Your Destiny Now

DAY 1: Friday, August 10

4:00 PM: Doors Open
4:00 PM - 5:30 PM: Sign-In, Light Buffet & Reception
5:30 PM - 9:00 PM: Workshops
9:00 PM - 9:30 PM: Shop, Social, Snacks
9:30 PM: Doors Close

DAY 2: Saturday, August 11

7:30 AM: Doors Open
7:30 AM - 9:00 AM: Sign-In, Light Buffet & Reception
9:00 AM - 5:00 PM: Workshops
5:00 PM - 7:00 PM: Dinner Break
7:00 PM - 9:00 PM: Evening Session
9:00 PM - 9:30 PM: Shop, Social & Clean-Up
9:30 PM: Doors Close

DAY 3: Sunday, August 12

7:30 AM: Doors Open
7:30 AM - 9:00 AM: Sign-In, Light Buffet & Reception
9:00 AM - 5:00 PM: Workshops
5:00 PM - 5:30 PM: Shop, Social, Snacks
5:30 PM: Clean-Up

2018 August Mount Shasta Inner Divinity Retreat General Information

<u>Dates</u>: Friday, August 10 - Sunday, August 12 <u>Cost of Event</u>: \$695.00 <u>Location</u>: Address to be provided upon registration <u>To Sign-Up, Call</u>: (530) 926-2650

What is INCLUDED in this Cost:

Fabulous Intensive Taught by Michael J Tamura Refreshments and Buffet on Friday Evening (8/10) Breakfast Buffet on Saturday & Sunday (8/11 & 8/12) Refreshments and Sumptuous Snacks Throughout the Program

What is NOT Included in this Cost:

Lodging and Meals (other than those listed above): In order to accommodate the variety of individual style, budgetary and comfort needs, we are letting each participant choose and arrange for his or her own lodging and meals (other than those listed above) for this retreat. Links to information about hotels, motels and B&B's as well as restaurants are listed below for your information and convenience. Please remember that wherever you choose to stay to be extra mindful of travel and parking time so that you would arrive at all of the retreat workshop functions in a timely manner.

Transportation: You will be responsible for all of your own travel arrangements and transportation costs. Listed below are the closest airports to Mt. Shasta.

Mount Shasta Visitor's Guide (Restaurants, Lodging, etc.):

http://visitmtshasta.com

Other Mt. Shasta Info:

Airports closest to the City of Mt. Shasta are: Redding, CA – about 1-1/2 hour drive north on Interstate-5 to Mt. Shasta Medford, OR – about 1-1/2 hour drive south on Interstate-5 to Mt. Shasta Sacramento, CA – about 3-1/2 hour drive north on Interstate-5 to Mt. Shasta San Francisco, CA - about 5-1/2 hour drive north to Mt. Shasta

Clothing:

Best to have layered clothing as temperatures vary. Often early to mid-August brings us beautiful, warm-to-hot weather. Days in mid-August can get warm to hot (average 86 - 87 highs / 45 - 48 lows). Nights can still get a little chilly.

We look forward to seeing you here!

Seraphim at Mt. Shasta Office: (530) 926-2650

