

★ 2019 June SHAPE Retreat Intensive ★

Friday, June 28 - Sunday, June 30

## **YOUR PSYCHIC METAMORPHOSIS:**

**Deprogramming Your Body of Karma  
& Building a Sanctuary for Your Soul**

+ PLUS +

Our Pre-Retreat TeleSeminar Special  
Thursday, June 20 / 6 PM - 8 PM (PDT)

**Your Life Cordially Requests Your Presence:**

*Your Ownership of Being in this World*

&

Our Post-Retreat TeleSeminar Special  
Friday, July 5 / 6 PM - 8 PM (PDT)

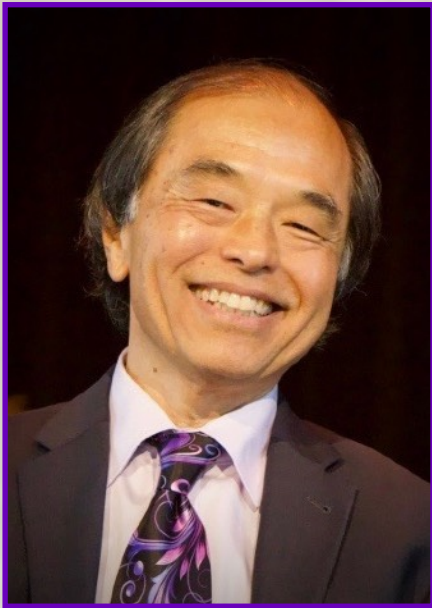
**Maintaining Your Body**

*As a Temple for Your Soul*

***Dear SHAPE Community & Graduates of Clairvoyant Programs, AHA! & Our Psychic Tools  
& Life Mastery Practices Course,***

Are you ready? It's been such an extraordinary ride all year with you. Perhaps, this year's SHAPE Mastery Course has been the most powerful of anything that we've taught to date. Of course, it can be, because the prior courses have helped pave the way for this. Everyone's havingness has increased in immeasurable ways over the past few years. That's been a big part of what's been fueling this amazing journey. I'm so happy that you're all part of it! And, if this were a monster wave surfing tournament, we're at the stage where we've already paddled out to sea and are enthusiastically waiting at the surf line for the next set of big waves for each of us to catch. The waves that are coming our way are unlike anything any of us have ever experienced! If we're well prepared, they'll be the cosmic surfers' dream set. If we're not, well.....we won't go there! Hahahaha..... (Read: Be Prepared).

As you've been well aware, we've been transmuting our bodies of karma intensively on so many different levels. Unlike caterpillars metamorphosing into butterflies in one fell swoop, we're going through repeated metamorphosing on different levels. So, we go through the gooey mush state into a



beautiful butterfly in one arena and then find ourselves going through another gooey mush state in another. It's not some kind of cruel and unusual punishment, it actually makes it possible for us to make it through such a profound change in our consciousness and form. Step-by-step, we're being guided by wisdom and compassion to fulfilling our destiny.

In another sense, we're learning to levitate more easily. Light as a feather, strong as an ox! It's easy to remember that *levitate* sounds a bit like *levity*. And, levity is essential to levitating onto higher dimensions of consciousness and life. As you continue to deprogram the various karmic cycles that make up your body of karma, your body becomes lighter and lighter (although it may not necessarily show up that way on the physical weight scale!). As

you lighten the load of the karmic body, you'll notice you're more sensitive to energies that you weren't as aware of previously. That will illuminate the areas of your heretofore unconscious resistance that you might wish to unload next. Bring 'em up, move 'em out!

Of course, you can't just keep getting rid of old junk out of your space without replacing it with new energy, awareness, creativity, life, and havingness. If you do, you'll most likely start to feel defeated and invalidated that nothing you do and no matter how hard you work, it's never enough. Before you get to that point, make sure and check that you're not only replenishing your space with new energy, but also creating new life for yourself in a variety of ways. For example, when you finally undo and release an old habit in your thinking, you have to create a new way to think or see things. Don't just leave an empty space. If you don't create a way to be, do, or have something that you feel is far more valuable or of greater benefit, you'll have the likelihood of falling back into your old ways - since there's been nothing better to replace them with.

That brings about the second part of our upcoming June SHAPE Retreat in a brand new space for us. Once we deprogram more of the karmic cycles and programming in our mind, we need to create anew. What are we replacing our old body of karma with? For starters, that new space we gain from all of that needs to be cultivated into a true sanctuary of Spirit for the soul. In the areas of the mind that heretofore held resistance and old karmic patterns and limiting programming, we need to create a new energy and space for much more awareness of Spirit to shine. Several of you have communicated to me that during some of the teleclasses, you've experienced that opening to Spirit within yourself as you became aware of others' karma that previously occupied that space. As you prepare your consciousness by what you put your attention on as well as how you put your attention on those energies and experiences.

What is truly important to you in your life? When are you happiest? What have you realized that you are being, doing, and having when you experience your greatest happiness? What are you validating and when you are most fulfilled? You can say that in one way or another, you are making space for you to be spirit and to live in this world as spirit. How much can you have giving yourself permission, space, inspiration, and encouragement to be yourself as you truly already are? We'll address and explore all of that in this retreat intensive as well.



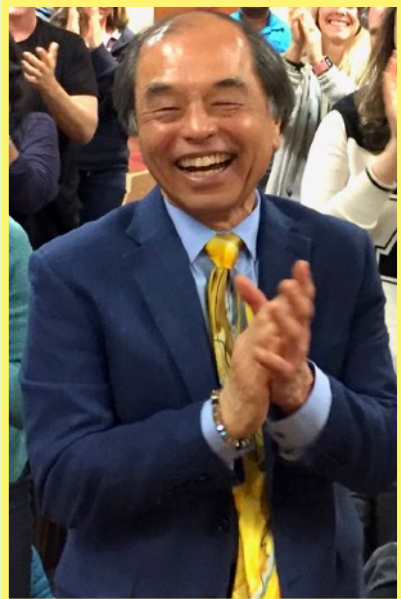
You've had a running start already in making more space into which you can express far more of your inner creativity as the soul that you are. We'll take that even further. Within you, you already have the ability to create a whole universe. How can you practice doing that? Well, you actually do that every single day. But, the question is, how incredibly wonderful is that universe you make everyday? Not happy with some aspects of what you've created so far? No problem! Remember, a metamorphosis is a complete makeover!

You've also been working steadily on your havingness in so many arenas in your life. Everything we do in this retreat intensive will help you raise the bars on your havingness. After all, if you could have who you truly are, you will have everything. It's not unsimilar to waking up to being the sole heir to the greatest wealth and power of a royalty. You inherit everything. No wonder there are so many throughout the universe that don't want you to wake up! *You can't possibly be the heir to the greatest kingdom! You're such a screw-up!* How often have you believed those thoughts? Hmmm.....could they be programming?

Why not have a blast celebrating and enjoying your psychic metamorphosis? We'll make it a divine party! Together, we'll deprogram more of Our Bodies of Karma and Build a beautiful Sanctuary for each of Our Souls. And, in preparation for this June SHAPE Retreat Intensive in our new space at the Inn at the Commons in Medford, Oregon, we'll get together via teleconferencing for the Pre-Retreat TeleSeminar to answer the invitation: Your Life Cordially Requests Your Presence. We'll help you gain more of Your Ownership of Being in this World. Then, following the Retreat, but before we all head back to our respective corners of the world, we'll enjoy our traditional SHAPE After-Retreat-Get-Togethers amongst those of us still remaining in Medford for a couple of days. For those who like it, it's our time for Talk Story, fun integration, questions and explorations, and celebrating our community.



Keep grounded, find amusement, run your energy, blow your pictures, and take care of your space!  
Have fun with your growth periods and bring up your havingness. Come prepared to celebrate life in  
all of its splendor!



Looking forward to seeing you in Medford!

May Grace shower Its Blessings upon your path always.

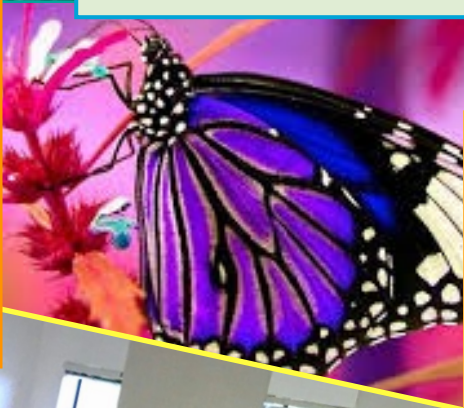
With gratitude, love, and laughter,

*Michael*





Here's a little sneak peek at some of what we'll cover in our  
June SHAPE Retreat Intensive:



- ▶ Your Body of Karma
- ▶ How Karmic Cycles are Produced
- ▶ Deprogramming & Forgiveness
- ▶ Deprogramming Karmic Patterns
- ▶ The Light of Awareness
- ▶ Havingness of Being
- ▶ Invalidation & Doubt
- ▶ Making Space for Yourself as a Spirit Person
- ▶ Havingness of Creative Self-Expression
- ▶ Your Aura & Creative Self-Expression
- ▶ Your Chakras & Your Psychic Metamorphosis
- ▶ What is a Sanctuary for Your Soul?
- ▶ What Kind of Space Do You Need to Thrive?
- ▶ Transforming Your Body of Karma into a Sanctuary for Your Soul
- ▶ Initiation: Being In the World But Not Of It



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Friday, June 28 - Sunday, June 30

**YOUR PSYCHIC METAMORPHOSIS:**  
**Deprogramming Your Body of Karma  
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**DAY 1: Friday, June 28**

4:00 PM: Doors Open

4:00 PM - 5:30 PM: Sign-In, Light Buffet & Reception

**5:30 PM - 9:00 PM: Workshops**

9:00 PM - 9:30 PM: Shop, Social, Snacks

9:30 PM: Doors Close

**DAY 2: Saturday, June 29**

7:30 AM: Doors Open

7:30 AM - 9:00 AM: Sign-In, Light Buffet & Reception

**9:00 AM - 5:00 PM: Workshops**

5:00 PM - 7:00 PM: Dinner Break

**7:00 PM - 9:30 PM: Evening Session**

9:30 PM - 10:00 PM: Shop, Social & Clean-Up

10:00 PM: Doors Close

**DAY 3: Sunday, June 30**

7:30 AM: Doors Open

7:30 AM - 9:00 AM: Sign-In, Light Buffet & Reception

**9:00 AM - 5:00 PM: Workshops**

5:00 PM - 5:30 PM: Shop, Social, Snacks

5:30 PM: Clean-Up

## **2019 June SHAPE Retreat Intensive General Information**

**Dates:** Friday, June 28 - Sunday, June 30

**Cost of Event:** \$695.00

**Location:** Address to be provided upon registration

**To Sign-Up, Call:** (530) 926-2650

### **What is INCLUDED in this Cost:**

Fabulous Intensive Taught by Michael J Tamura

Snacks/Refreshments Buffet on Friday Evening (6/28)

Breakfast Buffet on Saturday & Sunday (6/29 & 6/30)

Refreshments and Snacks Throughout the Program

### **What is NOT Included in this Cost:**

Lodging and Meals (other than those listed above): In order to accommodate the variety of individual style, budgetary and comfort needs, we are letting each participant choose and arrange for his or her own lodging and meals (other than those listed above) for this retreat. Links to information about hotels, motels and B&B's as well as restaurants are listed below for your information and convenience. Please remember that wherever you choose to stay to be extra mindful of travel and parking time so that you would arrive at all of the retreat workshop functions in a timely manner.

Transportation: You will be responsible for all of your own travel arrangements and transportation costs. Listed below are the closest airports to Medford, OR.

### **Medford, OR Visitor's Guide (Restaurants, Lodging, Things to Do, etc.):**

**<https://www.travelmedford.org/arts-culture>**

### **Other Medford Info:**

Airports closest to Medford, OR are:

Medford, OR – Rogue Valley International-Medford Airport

Eugene, OR – about 2.75 hour drive south on Interstate-5 to Medford, OR

Redding, CA – about 2.75 hour drive north on Interstate-5 to Medford, OR

Sacramento, CA – about 4.75 hour drive north on Interstate-5 to Medford, OR

### **Clothing:**

Best to have layered clothing as temperatures vary. Often the end of June - beginning of July, blesses Medford, OR with beautiful weather. Days in late June can get warm to hot (average 84 - 87 highs / 54 - 58 lows). Nights can still get a little cool.

We look forward to seeing you here!

**Seraphim at Mt. Shasta Office: (530) 926-2650**

- NOTES -