

★ 2020 October SHAPE Remote Retreat Intensive ★

Friday, October 16 - Sunday, October 18

# *Living the Next Chapter of Your Book of Life*

**Have It • See It • Create It**

**&**

**Follow Through**



+ PLUS +

Our Pre-Retreat TeleSeminar Special  
Thursday, October 8 / 6 PM - 8 PM (PDT)

**Always Your First Next Step:**

***Being Inspired***

**&**

Our Post-Retreat TeleSeminar Special  
Thursday, October 22 / 6 PM - 8 PM (PDT)

**Living Your Next Step:**

***Staying The Course***



*Dear SHAPE Community & Graduates of Clairvoyant Programs,  
AHA! & Our Psychic Tools & Life Mastery Practices Course,*



2020. Still. In case you needed a reminder, we're all living it—here, today—each in our own unique way. Around the world, many are already proclaiming that this year will go down as one for the history books. Since we're all living here during this...shall we say *interesting*...phase of human evolution, each of us is part of the writing of that history book. So, it's probably not an accident that I gave our upcoming 2020 October SHAPE

Remote Retreat Intensive the theme of *Living the Next Chapter of Your*

*Book of Life* about a year ago, long before any of us experienced the first

big drop on this global roller-coaster ride we've been on this year.



Are you ready to write your next chapter of your life? Are you willing to **Have It • See It • Create It & Follow Through** to live your next adventure?

2020. Whether we've been aware of it or not, we've all been intensely preparing ourselves for this year. This is the year to build a new foundation in our lives and for our society. We've been preparing for this next phase intensely, especially for the past five years. You could say that the year 2015 represented the first phase of what we've been experiencing all of this year. Do you remember where you were and what you were envisioning for your life now in 2015?

For those of you who were not with us at the 2015 October SHAPE Retreat Intensive in Mount Shasta, we had the theme, Come as you ARE in 2020, for our annual SHAPE Costume Soul Celebration Event during the retreat. The idea was for each of us to dress up as if we were living the lives we saw ourselves living in 2020. The catch was, however, that we would have to be in present-time in our 2020 life. We had to each live in our 2020 present-lives and dress, talk, act, and communicate fully in that space. We talked with each other about what we were doing in our lives in our 2020 present-life, where we lived, and so on. For that Saturday evening, 2015 was no longer. We were all in present time in 2020.

Well, 2020. It's here. We're here. Now. Whether you were at that 2015 Retreat or not, and whether you've been aware of it or not, you've all been part of this major step-up process for the past five years leading up to all that is happening now. If this is the time for each of us to build a new foundation in our lives and for our society, old structures and ways of being and doing have to come down to make way for the new. We might remember this year as, "The Year The Great Transformation Kicked In." The Clean Sweep. We are definitely sweeping, but we still have a way to go on the "clean" part. But, sweep away! It's good exercise. After all, you have to stay in SHAPE! Haha!



Within a few months into this year, so many people complained that they were done with 2020. They wanted out. Yet, it's far from over! Be of good cheer—it's just getting started! Welcome to this Great Global Transformation.

Have no fear! It's actually time to be of good cheer, have fun, and celebrate our lives as they are. Right here. Right now. I'm not sure if any of you have looked deeply at this whole evolutionary cycle that started in 2015. But, our upcoming—and timely—SHAPE Retreat Intensive

is about *Living the Next Chapter of Your Book of Life*. As the author of your own Book of Life, you would need to live the chapter as you write it and write it as you live it. To do that you'd have to

complete writing and living the previous chapters of your life. You need to be done with them and move on to a new blank page onto which you can write your new chapter. You need a clean sweep and a clean slate.

Having a clean slate means that you have to die first in order to live. In order to live the next chapter of your life, you have to die from the previous ones. An essential part of what's making this part of everyone's ride a bit on the wild and unpredictable side, globally, is that everyone is getting a crash-course now in dying gracefully. To live in grace, you'd have to learn to die gracefully first. This learning part, however, can be messy and clumsy—not graceful.

What is the essential part of dying? Letting go, of course. When do you most feel like you are dying or something is trying to kill you? When you are needing to let go of some aspect of your identity: Who, what, and how you've long believed or assumed you were. It's that experience that a long-time licensed professional might have when his license is revoked and he's not allowed to practice his profession anymore. It's what parents might go through when the last of their children flies the coop. It's what the prima ballerina might experience if she sustains a career-ending injury. Dying comes in every kind of form. And, everything in the world dies, sooner or later. The

question is: Are you willing to let go of your attachment to those pictures that you've long identified as you?



Today, across the globe, in countless ways, this question is challenging everyone who has held fast to certain identities: Professional, financial, age-related, racial, gender, religious, political, and much more. Each soul is making its choice and playing it out differently. So, are you ready to live the next chapter of your book of life? As its author, are you willing to let go of the chapter you've been living? You'd have to

complete it by being complete with it. Are you ready to let go of everything that's holding you back in any of the previous chapters you've already lived? Are you happy with all of them and ready to move on?

Whatever the next chapter you may be writing, can you have it? How clearly can you see it? And, are you willing to follow through to its completion? Of course, first you'll have to imagine what your next chapter would be. There's a lot that goes into writing a new chapter of your life experience, isn't there? Yet, most people in the world don't seem to pay much attention to that. Many believe that life just happens to them. So, create your own space in relationship to whatever may be going on in the world around you. 2020—Make it your new present time.





## *Living the Next Chapter of Your Book of Life*

### **Have It • See It • Create It & Follow Through**

Now, regardless of whether or not you were at our 2015 October Retreat, consider this: If you lived your life in the present-time life of 2020, even for one evening in the year that your calendar said was 2015, what would happen for you when the five years passed on that calendar to 2020?

Our October Remote Retreat will take place exactly one week short of the evening we held our ***Come as You ARE in 2020*** SHAPE Costume Soul Celebration Event that was an integral part of that retreat intensive. This year, our Saturday Evening Costume Soul Celebration Event on Zoom has the theme, ***Come As the Main Character in the Next Chapter of Your Book of Life***. Of course, in your Book of Life, you are both the author and the protagonist. Remember, what makes a story great is how the protagonist grows in some profound way in spite of major challenges. How have you grown to be who, what, where, and how you are today, especially in the past five years?

Whether you were at our 2015 Retreat Costume Party or not, you would have envisioned yourself in some way, back then, who, what, where, and how you would be by now, in 2020. It may have been hope, wishful thinking, a vision you had in meditation, or you may have had a mock-up or few. Many of us relied on our mock-up ability to bring what we imagined for ourselves into the present as our life in 2020. Some of us used our precognitive ability to peek five years down the line and see what life would be like in 2020 for us and brought it into the present. A few of us just did it for the sheer fun of it. All of us blew a lot of our expectation, fear, competition, and non-havingness pictures.

Many of you may have been looking at this on-and-off for a while now. For those of you who were at the 2015 Retreat Party, you may have looked at this as a benchmark for yourselves to see how far you have come, in the last five years, to fulfill the life that you lived for that evening as your 2020 life. For those who weren't at that event, you may have been looking at your overall mock-up success rate. Either way, you may have noticed that some things you've seen or mocked-up may have already come to fruition, whereas others have not even started. A few of you may have had a couple of invalidation pictures come up in your awareness, especially if where you imagined yourself to be by October 2020 is not anywhere near you yet. A couple of you may have found a few failure pictures to blow about your precognitive ability, especially if you didn't see 2020 coming the way it did!

You may find that the more fully you lived whatever life you lived, even for just an evening, the more you would have been complete with the elements making up that particular life. If you're done with it, you don't need to keep trying to create it. It doesn't have to "happen" in the physical world for you to be done with something. If you experienced it fully enough, you might be fulfilled. On a simple level, it would be like you imagining eating a delicious ice cream cone and



you're so completely satisfied that you have no more need or desire to go get an ice cream cone and eat it physically. You just blew the pictures that made it seem like you had to have one.

I'll share with you a real-life example of that. At that party five years ago, in my 2020-life I was living that evening, my second book had already been published. I had the cover of the book, showed it to people, and talked about it. Well, it's 2020 now, did that book get published yet? Not at all. Not even close. Why? Because I was done with that book being published. I no longer need to have that book I had envisioned back then published in this world now. Am I still writing a second book? Yes. But, it's quite a different book with the same or similar title. A lot has evolved in my writing of that book, because I brought it all into present time on that evening. Now, in 2020, the whole perspective with which I will write my book has changed along with the way I might go about publishing it.

Another example from that evening: At the party, I was living in a house on the beach in Southern California. Nice house. I even had a photo of it to show people. I didn't get to live it completely during that evening, but enough to get it going. Within the next year or so, I finished living in that house. So, I'm ready for a new house! Hahahaha....My new house may have a few similarities with that house, but many things, including its location will be quite different. These two examples are just the beginning of all that's evolved in my life as a result of living aspects of my so-called "future" life in the present! Remember, in spirit, there is no time, therefore, no linear sequence of events. Everything simply IS. Here, in this world, whatever we experience living fully—inwardly or outwardly—we complete and we can move on.

What have *you* learned from bringing yourself into your present life here in 2020 over the past five years? If you haven't really looked at what's happened for you and what you've experienced in the last five years leading to this year in relationship to your visions and mock-ups, you might be surprised at all that you discover. You might discover that you are far more fulfilled and have grown much more than you may have been aware of.

So, the real question for you now is this:

Are you ready for *Living the Next Chapter of Your Book of Life*?

And: Are you willing to **Have It • See It • Create It & Follow Through?**

Join us for our 2020 SHAPE Retreat Intensive and you'll validate and harness your spirit creative power to build and establish a new foundation for life here on earth. Take your next step in Living the Miracle of your life as spirit and live more in the Grace of God.



The upcoming SHAPE Retreat Intensive October 16-18, of course, will be a remote event via Maestro Tele-Conference for the workshop segments and Zoom Video Conference for the lunch and dinner socials and the Sunday evening, Monday afternoon, and possibly Tuesday afternoon post-retreat Q&A and Talk-Story Socials. Our SHAPE Costume Soul Celebration Party on Saturday Evening Pacific Time, will also be a Zoom Video Conference Event. The theme for it this time is: ***Come As the Main Character in the Next Chapter of Your Book of Life*** (And, if you participated in the 2015 event, how does it relate to how you lived your 2020 present-life at the event? If you weren't there with us, then, how does your main character now relate to who you were five or more years ago?). Looking forward to seeing your costumes and show-and-tell on Zoom!

Now, we're well into the preparatory night classes on the astral! You may have noticed that the most recent trio of SHAPE mastery classes have been preparing you for this upcoming retreat intensive as well! Yay! Hahaha..... We'll officially kick into the actual retreat intensive period with the Pre-Retreat TeleSeminar ***Always Your First Next Step: Being Inspired*** and as usual, we'll finish it up after all the post-retreat Zoom get-togethers with the Post-Retreat TeleSeminar on: ***Living Your Next Step: Staying The Course***. Game on! See you where you are!

May the light of illumination dawn upon you and God's Loving Grace lift you upwards.

With gratitude, love, and joyous enthusiasm,

*Michael*

PS - Be sure to scroll down and check out the "Sneak Peek" of a few of the topics we'll explore during the retreat!







Here's a little sneak peek at some of what we'll cover in our  
October SHAPE Remote Retreat Intensive:

- ▶ Clairvoyance: Seeing Your Future is Your Present
- ▶ Completing Cycles: Finish Your Previous Chapter
- ▶ Letting Go: Dying to Your Old Self & Old Ways
- ▶ Being the Author of Your Book of Life
- ▶ Your Havingness for Creating a New Life
- ▶ Your Havingness for Change and Healing
- ▶ Your Havingness for Being a Creative Spiritual Being
- ▶ Trusting Yourself as Spirit
- ▶ Your Masculine Creative Power
- ▶ Your Feminine Creative Power
- ▶ Trancemediumship & Your Creative Self-Expression
- ▶ Giving Birth to Your New Space
- ▶ Commitment & Follow-Through for Manifestation
- ▶ Your Havingness for Miracles
- ▶ Creating Your Miracle Space



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**DAY 1: Friday, October 16**

4:00 PM: Doors Open

4:00 PM - 5:15 PM: **Zoom Video Reception**

**5:30 PM - 9:00 PM: Workshops - via Maestro Conference**

9:15 PM - 9:45 PM: **Zoom Video Social**

**DAY 2: Saturday, October 17**

7:30 AM: Doors Open

7:30 AM - 8:45 AM: **Zoom Video Reception**

**9:00 AM - 5:00 PM: Workshops - via Maestro Conference**

5:00 PM - 7:00 PM: Dinner Break

5:30 PM - 6:45 PM **Zoom Video Dinner Social**

**7:00 PM - 9:00 PM: Zoom Video Costume Soul Celebration:  
Come as the Main Character in  
The Next Chapter of Your Book of Life**

**DAY 3: Sunday, October 18**

7:30 AM: Doors Open

7:30 AM - 8:45 AM: **Zoom Video Reception**

**9:00 AM - 5:00 PM: Workshops**

6:30 PM - 9:30 PM: **Zoom Video Post-Retreat Q & A "Tea"**

**\*\*\*Mon. / Tue. - Zoom Post-Retreat Q & A, Talk-Story & Social**

**\*\*\*Full Maestro & Zoom Schedule TBA Separately**



## **2020 October SHAPE Remote Retreat Intensive General Information**

**Dates:** Friday, October 16 - Sunday, October 18

**Cost of Event:** \$695.00

**Location:** Wherever you are remotely via Maestro Conference & Zoom Video Conference

**To Sign-Up, Call:** (530) 926-2650

### **What is INCLUDED in this Cost:**

Fabulous Intensive Taught by Michael J Tamura remotely via Teleconference (Maestro) Friday - Sunday  
Lunch Break, Dinner Break, and Post-Intensive Q & A / Talk-Story / Social Times via Video Conference (Zoom) Friday - Monday  
(Poss. Tues.)

### **What is NOT Included in this Cost:**

You can join us from the comfort of your own home or wherever you'd like to be during this retreat as long as you have a phone for the Maestro Conference line for the workshops portions and a computer/smart device with Zoom App and webcam/microphone for the lunch and dinner breaks and post-retreat Q & A, Talk-Story & Social Times Friday - Monday.

### **How to Join a Maestro TeleSeminar & Zoom Video Conference General Info:**

Please familiarize yourself with the use of Maestro Conference and Zoom Video Conferencing if you haven't dialed-in or logged in on either platforms before. Specific schedules and instructions for the days of the retreat and post-retreat Zoom get-togethers will be posted later.

How to join a Maestro TeleSeminar: <https://maestroconference.com/gettingin2>  
(Keep your smart phone or other device plugged in, since you'll be on it most of the day!)

How to join a Zoom Meeting: <https://support.zoom.us/hc/en-us/articles/201362193>

### **Clothing:**

No one will see what you're wearing on the MaestroConference Call, except perhaps clairvoyantly(!), but on the Zoom Video Meetings, we will all see you! Hahahaha.... Dress comfortably, but do dress!

Weather should be nice where we are, but, if you're sheltered-in-place at home, at least you will stay dry and warm regardless of the weather you're having!

We look forward to seeing you wherever you may be!

**Seraphim at Mt. Shasta Office: (530) 926-2650**



Hello!