

★ 2021 October SHAPE Remote Retreat Intensive ★

Friday, October 22 - Sunday, October 24

Plus 10/24 Sunday, 10/25 Monday & 10/26 Tuesday

Bonus Zoom Post-Retreat Q&A, Talk-Story & Socials



You Are The Life of The Party



On The Path as a Healer, Seer, Teacher and Leader



Including Saturday Evening Session

SHAPE Costume Soul Celebration

Theme: *Come as the Life of YOUR Party!*

+ PLUS +

Our Pre-Retreat TeleSeminar Special

Thursday, October 14 / 6 PM - 8 PM (PT)

Knowing The Christ:

Driving on The Commuter Lane of the Spiritual Interstate

&

Our Post-Retreat TeleSeminar Special

Thursday, October 28 / 6 PM - 8 PM (PT)

Passing the Spiritual Litmus Test:

Living What You Learn Each Day

*Dear SHAPE Community
and Graduates of Clairvoyant Programs, AHA! &
Our Psychic Tools & Life Mastery Practices Course,*

*Into the world you came happy,
Celebrating your light,
Bearing gifts of joy and mercy,
Emissary of delight,*

*You are the life of the party,
You are the light of the world,
Speak your truth,
Sing your joy,
Dance with your heart unfurled!*

*You can shine on, shine on
brightly,
Let your story take flight,
Share your treasures of laughter
and wisdom,
Be a giver of Life...*

Lines excerpted from Michael J Tamura's new song written for this retreat, "The Life of The Party".

Despite all the turmoil in the world this year, the experience that has superseded all else for me daily has been that of gratitude. I have been grateful for everything. Amongst everything I am grateful for in my life, one that shines brightly is seeing the brightness of your light. Each and every one of you this year has stepped up in extraordinary ways. Some of you may not be quite aware to what extent you have grown spiritually in the past nine months or so, mainly because you've been mostly continuously in a growth period. As they say, "You can't see the forest for the trees!" An abundance of green on green, perhaps, makes us somewhat psychically color-blind.

While many in the US struggle with the color of one's skin, you may have been struggling more with the color of your aura. After all, the green of spiritual growth in your aura is not an easy one for most others to respond favorably to. And it doesn't matter in which layer of your aura that green may be shining at the moment. Even Kermit the Frog lamented regularly, "It's not easy being green!" He may have been wiser than we thought. (Plus, did you ever notice Yoda was perpetually green?)



What makes your aura having a lot of growth green in it not so appealing to most others? For one thing it scares a lot of people, especially those who are wanting to hold on to their past and not change—or heal and grow. That you are growing this much means that you are profoundly changing who you are. A fundamental change in you means that you are letting go of identifying yourself as a body more and more. Isn't that what we call the experience of dying? And pretty much everyone is afraid of dying in some way. Yet, you have been forgiving yourself and others for what many people have great difficulty forgiving themselves or others for. Thus, your mere presence can rattle their ego-cages, like rambunctious chimps jangling and juddering the bars that keep them hostage. Your growth periods often remind others that they are here to grow as well. And no one wants to feel guilty of lagging behind. Oh, yes, that competition thing.

I watched my father struggle with that dichotomy during the last few years of his life here. He didn't want to continue living, yet he was terrified of dying. At first, that was quite difficult for me. I had no trouble helping those who wanted to live, continue to live more fully. Neither did I have any problems helping those who knew they were done here, prepare for their inevitable departure. What threw me for a loop with my Dad was that he didn't want either—which also meant he was asking for both! He wouldn't ever say it out loud, but I constantly heard and felt him asking me to help him live at all costs, while he was begging to be freed of having to stay here, day after day, with nothing he wanted to live for. If he were some complete stranger in a far away place, it may have been easier to just blow my pictures and wish him well on whatever he chose to do. But, he was my Dad and I loved him. I deeply cared about the man who helped me incarnate here and get on my path in his own way, even if he wasn't aware of doing that. It felt like my hands were tied. Yes, I had to regularly blow those pictures of watching a



person you love suffering and being powerless to do anything about it. Of course, to compound that, I knew I was a pretty good healer—why wasn't I healing him more?

My saving grace, however, was that I knew I was never without access to that power required to make major changes. I knew how to die. Simply put: Let go of the past and create your next step now. Ah! Isn't that what you do when you forgive? So, you can say to yourself, "Let go of the past that you're insisting on holding on to and start creating your next step in the present" or more simply, "Forgive", or as my teacher, Lewis, was fond of saying, "Blow your damn pictures!"

If you're continuing to make a past experience of yours real in the present to yourself, then you won't be able to forgive or blow that picture and create something new to move on to. You won't be able to die and live forever. Hmmm...perhaps, you've heard the medieval pronouncement, "The king is dead! Long live the king!" Dying and living forever isn't a dichotomy. It's both-and. Remember, both-and is always Spirit's Way.

You being in a massive growth period puts the question of dying in everyone's face, so to speak. Who doesn't want to look at that? Yep, most people. So, you're used to being in a huge growth period, but most others don't want any piece of your growth action! If you've felt at times that you were a persona non grata in much of the world, well, now you know why.

We've made the upcoming 2021 October Remote SHAPE Retreat Intensive a big reminder to each of you about who you are and the purpose for which you are here at this time in human evolution:

  **You Are The Life of The Party**  

On The Path as a Healer, Seer, Teacher and Leader 



You are the light of the world means that you are here in the world and when you don't fall into the hypnosis of becoming part of the world, you get to celebrate life. You are the life of the party! Except, most people don't know that. Most people are glued to their TVs and Not-So-Smartphones showing them that life is pain and suffering. That's far from being a party. No wonder so many people feel like they have to get drunk at a party to have

fun. In fact, those who get drunk miss out on any fun that might be had, because they are not here. They've become part of the world and can't stand it, so they are constantly trying to leave. Yet they've got the wrong exit strategy! To have your freedom here, you can't be a party-popper. You have to own being the life of the party. Now, that's different than trying to *become* the life of the party—that's competition and you know where that leads you. You already *are* the life of the party. You just have to realize that.

The path that you've been on for many lifetimes now is that of a healer, seer, teacher, and leader. That way you've chosen to own being the life of the party here—and the light of the world—by helping others realize their paths. Some of you have identified with being more of a healer, but perhaps not some of the other aspects of your path. Others of you may like the idea of teaching more than healing. Some of you might have some difficulties seeing yourself as a leader in the world. A few of you might still not feel like you can call yourselves seers. Yet, on your path, if you're one of those, you're all of them. And, as with mastering anything in life, you have to start where you are and step-by-step learn and practice what you need to master. Being on your path means you're committed to it. Getting off of your path can sometimes get you committed (to somewhere you don't want to be committed to!).

Seriousness aside, if you're the life of the party, you have to have fun, don't you? Parties are for celebrating some aspect of life. As it's been our annual October SHAPE Retreat tradition, we'll have our Themed SHAPE Costume Soul Celebration/Party for our Saturday evening session. Yay! Of course, we'll have it remotely via Zoom again, so you can prepare for that accordingly. And as it's been our tradition, this is a party that you can bring your family members along to participate in (themed costume and all). All you have to do is to Come As The Life of YOUR Party! Hmmmm....what's the image of YOUR party and you being the life of it? In fact, remember that to be the life of the party, you have to let go of the past you've been holding on to and create a new next step in the present. As the life of the party, you have to give life to your party. Is your party one of celebrating your past divorces and creating your new relationships? Is your party for celebrating getting over your past failures and creating new successes? Reflect upon what you'd like to celebrate with your party and how you can breathe life into it, and own being the life of that party.

This retreat will officially launch with our Pre-Retreat TeleSeminar Special, **Knowing The Christ: Driving on The Commuter Lane of the Spiritual Interstate**, the week before the retreat weekend. This one is designed to help prepare you for the retreat intensive by addressing how you can drive in the commuter lane of the spiritual highway. Of course, the commuter lane is the express lane and generally requires at least two or three passengers in the same vehicle. Hint: Knowing the Christ can't be just about you. You've already been freeing aspects of yourself that have long been in competition and isolation. We'll continue to explore that and communication a bit deeper.

The official retreat intensive will start Friday late afternoon and continue through Sunday evening as always. Then, for those of you who are interested in continuing and having a time to chill and integrate what you've learned more before throwing yourselves into the general fray of worldly life, we'll finish off Sunday with our usual first post-retreat Zoom Q&A, Talk-Story and



Social gathering after a dinner break. One of the things I discovered years ago was that so much more can be experienced and learned on a very different level when a group of us get together after the main workshops are completed to communicate. So, we've incorporated that into our regular scheduling of our SHAPE Retreat Intensives by extending the offer of a second bonus Zoom Q&A, Talk-Story and Social gathering on Monday from 12:30 PM Pacific to whenever and a third Zoom gathering on Tuesday starting at the same time.

Then, we top all of that off with our Thursday evening Post-Retreat TeleSeminar Special, **Passing the Spiritual Litmus Test: Living What You Learn Each Day**. We'll complete the whole retreat experience with this teleseminar by exploring what it means to apply and practice everything you learn for yourself in your everyday living. In living our lives in the world as a school, passing our final exam in every course of study or in each subject matter means being able to demonstrate to ourselves that we are living our learning, living our wisdom with compassion each day. So, we'll look at what it means for you to do that and what you can do to pass that litmus test of living your learning.

Our upcoming SHAPE Remote Retreat Intensive is certainly shaping up to be a celebration of your eternal life, unconditional loving, creative self-expression, and of who you are. What else can we do in the middle of a global awakening? Ground yourself. Find your space. Be amused. Be the Light of the World. Party On!

We're looking forward to being with all of you soon!

May Your Boundless Joy Shine on Ever More Brightly in the World!

With gratitude, love, and joyous celebration,



Michael



SCROLL DOWN for a SNEAK PEEK at some of what we'll explore...and our Retreat Schedule and General Information.



Here's a sneak peek at some of the areas of interest, healing, and growth that we'll explore:



- Were you born happy?
 - If so, what was your happiness?
 - If not, what made you unhappy?
- How did you get to where you are today?
- Were You Born to be a Healer, Seer, Teacher & Leader?
- Being on the Path as a Healer, Seer, Teacher & Leader
- The Healer, Seer, Teacher & Leader Package Deal
- You Are the Light of the World
- What Makes You the Life of the Party?
- Godzilla vs. King Kong: Your Growth Period & The World
- Forgiveness: Shedding Your Past, Creating Your Present
- Your Kundalini & Creative Self-Expression
- Communication to Cooperation to Community
- Your Soul's Make-up: Beingness, Awareness, Joy
- Invalidation of Spirit & Competition
- Being A Seer: Validation of Spirit
- Seeing The Light: Deprogramming the Illusion of Darkness
- Owning Your Trancemediumship & Reclaiming Your Light
- Clairvoyance in Your Trancemediumship Space
- Healer Heal Thyself: Being the Life of the Party
- Teaching & Leading: Dancing on Your Path
- Everyday is Your Audition





SHAPE

★ 2021 October SHAPE Zoom Retreat Intensive ★

SCHEDULE

Friday, October 22 - Sunday, October 24
+ Bonus Monday 10/25 & Tuesday 10/26

 **You Are The Life of The Party** 

On The Path as a Healer, Seer, Teacher and Leader

DAY 1: Friday, October 22

4:00 PM: Virtual Doors Open
4:00 PM - 5:15 PM: **Zoom Video Reception**
5:30 PM - 7:00 PM: Zoom Video Workshop
7:00 PM - 7:20 PM: Break/No Zoom
7:20 PM - 9:00 PM: Zoom Video Workshop
9:15 PM - 9:45 PM: **Zoom Video Social**

DAY 2: Saturday, October 23

7:30 AM: Virtual Doors Open
7:30 AM - 8:45 AM: **Zoom Video Reception**
9:00 AM - 10:30 AM: Zoom Video Workshop
10:30 AM - 10:50 AM: Break/No Zoom
10:50 AM - 12:15 PM: Zoom Video Workshop
12:15 PM - 1:45 PM: Lunch Break
12:45 PM - 1:30 PM: **Zoom Video Lunch Social**
1:45 PM - 3:15 PM: Zoom Video Workshop
3:15 PM - 3:35 PM: Break/No Zoom
3:35 PM - 5:00 PM: Zoom Video Workshop
5:00 PM - 7:00 PM: Dinner Break /No Zoom/Prep Time for Zoom Party
7:00 PM - 9:00 PM: Zoom Video Costume Soul Celebration:
"Come As the Life of Your Party"

DAY 3: Sunday, October 24

7:30 AM: Doors Open

7:30 AM - 8:45 AM: **Zoom Video Reception**

9:00 AM - 10:30 AM: Zoom Video Workshop

10:30 AM - 10:50 AM: Break/No Zoom

10:50 AM - 12:15 PM: Zoom Video Workshop

12:15 PM - 1:45 PM: Lunch Break

12:45 PM - 1:30 PM: **Zoom Video Lunch Social**

1:45 PM - 3:15 PM: Zoom Video Workshop

3:15 PM - 3:35 PM: Break/No Zoom

3:35 PM - 5:00 PM: Zoom Video Workshop

6:30 PM - 9:30 PM: **Zoom Video Post-Retreat Q&A, Talk-Story
& Social**

DAY 4: Monday, October 25

Optional Zoom Post-Retreat Q & A, Talk-Story & Social

12:30 PM - ??? PM: **Zoom Post-Retreat Q & A, Talk-Story & Social**

DAY 5: Tuesday, October 26

Optional Zoom Post-Retreat Q & A, Talk-Story & Social

12:30 PM - ??? PM: **Zoom Post-Retreat Q & A, Talk-Story & Social**

2021 October SHAPE Remote Retreat Intensive General Information

Dates: Friday, October 22 - Sunday, October 24

+ Saturday Evening (10/23) Themed Costume Soul Celebration

+ 3 Post-Retreat Bonus Zoom Q&A, Talk-Story & Socials 10/24, 25 & 26

Cost of Event: \$695.00

Location: Wherever you are remotely via Zoom Video Conference

To Sign-Up, Call: (530) 926-2650

What is INCLUDED in this Cost:

Fabulous Intensive Taught by Michael J Tamura remotely via Zoom Video Conference Friday - Sunday

Reception, Lunch and Dinner Breaks, and Post-Intensive Q & A / Talk-Story / Socials via Zoom Video Conference Friday - Tuesday

What is NOT Included in this Cost:

You can join us from the comfort of your own home or wherever you'd like to be during this retreat as long as you have a computer/ smart device with Zoom App and audio/video. Also needed for the reception, lunch and dinner breaks, costume party, and post-retreat Q & A, Talk-Story & Socials Friday - Tuesday.

How to Join a Zoom Video Conference General Info:

Please familiarize yourself with the use of Zoom Video Conferencing if you haven't logged in on the platform before. Specific schedules and instructions for the days of the retreat and post-retreat Zoom workshops and get-togethers are included elsewhere in this packet.

How to join a Zoom Meeting Guide: <https://support.zoom.us/hc/en-us/articles/201362193>

Please keep your computer or smart device plugged in so it'll stay charged throughout the event.

Clothing:

On the Zoom Video Meetings, we will all see you! Hahahaha.... Dress comfortably, but do dress!

Weather should be nice where we are, but if you're sheltered-in-place at home, at least you will stay dry and warm regardless of the weather you're having!

We look forward to seeing you wherever you may be!